



Guru Gobind Singh Indraprastha University

Sector 16C, Dwarka, New Delhi -110078
GENERAL-ADMINISTRATION BRANCH

F.No. GGSIPU/GA/TCC/2015-2016/223

Dated: 07.02.2018

CIRCULAR

Subject: Awareness / Sensitization Programme on Tobacco Control at 19th Annual Cultural Festival "ANUGOONJ-2018"

State Tobacco Control Cell of Directorate General of Health Services, GNCT of Delhi is organizing a small session on awareness/sensitization program in 19th Annual Cultural Festival Anugoonj 2018 from February 8th-10th, 2018.

A State Level Team will come to sensitize the gathering on ill effects of tobacco and the strategies to quit it by displaying awareness material as well as one to one interaction session at the stall. An Anti-Tobacco Pledge by the gathering is also being organized at 5:00 p.m. on February 10th, 2018.

Your support and cooperation is solicited to effectively participation in this awareness program on this issue to tackle the menace of tobaccos in the campus and its affiliated institutes in true spirit.

Dr. Pankaj Agrawal
Deputy Registrar(GA)

Copy to:

1. Secretary Health & Family Welfare, Govt. of India
2. Principle Secretary. (H&FW), GNCTD
3. Principle Secretary, Higher Education, GNCTD
4. DGHS, GNCTD
5. Dr. S.K. Arora, Addl. Director Health, Govt. of Delhi

Copy for information and necessary action to:-

1. All Deans / Directors /All Nodal Officers
2. All Committee Members
 - i) Prof. Anup Singh Beniwal, Proctor
 - ii) Prof. C.S. Rai, DSW
 - iii) Prof. Rita Singh, Chief Warden
 - iii) Dr. Nitin Malik, Joint Registrar(Admissions)
 - iv) Sh. Vijay Kumar, AR(Security)
 - v) Sh. Ajay Gupta, EE(UWD)
3. Proctor
4. Chief Warden
5. Controller of Finance
6. Controller of Examinations
7. Librarian
8. All officials concerned
9. All HODs / Branch In-charge / Executive Engineer, UWD /All Wardens
10. AR to Vice Chancellor- for kind information of the Hon'ble Vice Chancellor
11. PS to Pro Vice Chancellor
12. AR to Registrar
13. In-charge, UITS with a request to upload a copy of the same on University website
14. Guard File

Encl: Five pages

LAST DAY OF EVERY MONTH IS DRY DAY FOR TOBACCO IN DELHI

GOVERNMENT OF NCT OF DELHI
STATE TOBACCO CONTROL OFFICE
DIRECTORATE GENERAL OF HEALTH SERVICES

Pt. Deep Chand Sharma Sahkar Bhawan, 2nd Floor,
Sector-20, Phase-1 Dwarka, New Delhi-110077

E-mail: ntepdelhistate@gmail.com

F. NO. 7(6)/STCC/DHS/14-15/ 7038

Date: 02.02.2018

To

Prof. Anil K. Tyagi
Vice Chancellor
Guru Gobind Singh Indraprastha University,
Sector 16-C, Dwarka, New Delhi-110078

Sub: Request for conducting Awareness / Sensitization Programme on Tobacco control at 19th Annual Cultural Festival 'ANUGOONJ-2018'

Respected Sir,


As per the subject matter this is to inform you that undersigned have come to know that Directorate of Students' Welfare, Guru Gobind Singh Indraprastha University is organizing 19th Annual Cultural Festival 'ANUGOONJ-2018' from 8th February to 10th February 2018. This is an excellent opportunity to sensitize large number of students & University / College Teachers & Staff on Tobacco control issues.

Undersigned will be very much delighted if a small session on Awareness/ Sensitization Program is arranged in this 19th Annual Cultural Festival 'ANUGOONJ-2018' where undersigned can sensitize the gathering on (iii) Effects of Tobacco and the strategies to quit it, as we all know that our youngsters are getting trapped in various forms of Tobacco / Pan Masala habits.

Awareness on these issues is the only strategy to tackle the menace of tobaccos.

We also plan to have anti tobacco Pledge by the gathering on this Occasion.

Thanks & Regards


(Dr. S.K. Arora)
Addl. Director
DGHS, GNCTD

Copy To

- Pr Sect (H&FW)
- MD, DSHM
- DGHS

TOBACCO KILLS - QUIT NOW / TOBACCO FREE DELHI / INDIA
To Quit give Miss call from your Mobile at: 01122901701

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**GOVERNMENT OF NCT OF DELHI
STATE TOBACCO CONTROL OFFICE
DIRECTORATE GENERAL OF HEALTH SERVICES**

Pt. Deep Chand Sharma Sahkar Bhawan, 2nd Floor, Phase -1
Sector -20, Dwarka, New Delhi-110077
E-mail: ntcpdelhistate@gmail.com

F. No. 18(2)/STCC/DHS/13-14/7011
To

Date: 15-01-2018

The DM/DC, All Distt / Chairman, Distt Level Tobacco control Coordination Committee
The Vice Chancellor, all Universities.
The Dean / Director, All Medical Colleges
The Director, NCERT
The Director, CBSE
The Chairman, DTC, DGM Railways, DGM, Delhi Metro
The Regional Directors Health, all regions, GNCTD
The Director, Education, GNCTD
The Medical Superintendents, (All Hospitals/ Dispensaries under GNCTD, MCD, NDMC, Railway, ESI & others)
All DCPs/ SHOs, all police stations, Delhi Police
The CDMOs/ ARDHS, All regions

Sub: "1 FOR 1" CAMPAIGN to "ADOPT ONE TOBACCO USER NOW"

Respected Madam / Sir

With due respect it is stated that Anti Tobacco Campaign under the umbrella of Tobacco Free Delhi Initiative is going on by State Tobacco Control Cell, GNCTD in order to save people and environment from the harmful effects of tobaccos.

As you are aware that tobacco is the only consumer product which kills half of its users. The tobacco epidemic is one of the biggest public health threats the world has ever faced, killing more than 7 million people a year. More than 6 million of those deaths are the result of direct tobacco use while around 890 000 are the result of non-smokers being exposed to second-hand smoke. Tobacco smoking is the world's leading cause of avoidable premature mortality, reflecting the potent toxicity of tobacco smoke inhaled by smokers for decades. Tobacco users who die prematurely deprive their families of income, raise the cost of health care and hinder economic development. The use of tobacco is alarmingly increasing on a global level. India alone accounts for approximately 1 million annual tobacco deaths. Along with cigarette smoking, India faces additional burden of tobacco use due to the extensive use of smokeless forms of tobacco. The following facts highlight the harsh reality associated with Tobacco use in India -

- o 40% of all cancers, 90% of oral cancers, 40% of TB cases and 20-30% of diabetes, hypertension, brain stroke, heart attack are directly linked to tobacco use in India
- o India bears more than 1000 Billion Rupees worth economical losses because of tobacco habits annually
- o E-cigarette and hookah smoking (including herbal hookah) are growing at a substantially high rate in India and these are even more hazardous.

Tobacco addiction is a gateway of all kinds of drug abuse. In all forms, tobacco consumption not only causes harm to you but your loved ones too. Tobacco damages not only the whole person but also the whole planet. So, we need to be alert before it's too late.

Studies show that among smokers who are aware of the dangers of tobacco, most want to quit. But we still do not have adequate Tobacco Cessation assistance in India. Considering huge population of Tobacco users (As per GATS -2, 28.6% among adult population of India in more than 15 yrs of age group) & constraints, Community has to play a Vital role. Thus, it is a high time to help them in embracing a healthy life and curbing this Tobacco menace. A helping hand to tobacco user by the community can save our planet.

"1 FOR 1" CAMPAIGN to "ADOPT ONE TOBACCO USER NOW"

1. The campaign "1For1" is actually a mission being executed online by the Community in which one has to adopt at least one tobacco user in year 2018 in any place of India / Other countries and help him/her in quitting tobaccos. Also, once he/she quits, will be urged to help another tobacco user so the chain of quitters will be made by the community through this community connect programme.
2. To adopt tobacco user one has to watch the close surroundings. Tobacco user can be from your family, relatives, friends, colleagues, subordinates, officer, servant, driver, Gardner, security guards etc. **By helping them you will be protecting yourself also from the menace of second hand smoking as these people in your surroundings are the sources of second hand smoking.**
3. It is also stated that 1for1 campaign is purely on voluntary basis and does not involve any expenditure.
4. It only involves our responsibility/commitment for the society. By devoting some time we can bring much needed change in the society.
5. Volunteers need to register themselves in the [change.org](http://www.change.org) site & sign this petition to become a part of this campaign by clicking at link below

<https://www.change.org/p/smokers-eliminate-tobacco-from-your-life-before-it-eliminates-you>

OR <http://chn.ge/2lUHRua>

6. The instructions for helping the adopted tobacco user to quit tobacco will be sent on the registered email to these volunteers via [change.org](http://www.change.org) which will guide them in creating awareness and cessation through messages and other modalities as applicable in individual cases also. Volunteers may share their best experiences.
7. **The contribution for society cause will be duly acknowledged and appreciated by Delhi Government**

It is worth mentioning that more than 200 Volunteers have already registered & you are also requested to join for this noble cause.

I thank you again for all your support and humbly request to forward this message to your family members, relatives, friends, colleagues & subordinates etc so that they can also register by clicking at the link as given above & become part of this movement which can contribute significantly in reducing the menace of tobaccos from this Planet.

Thanks & Regards

Yours Sincerely



Dr. S. K. Arora
Addl. Director
DGHS, GNCTD #

Copy to:

1. Secretary (Home), GoI
2. Secretary, Education, GoI
3. Secretary (H&FW), GoI
4. The Commissioner, Delhi Police
5. Economic Advisor / JS(Public Health), GoI
6. Pr Secretary (Home), GNCTD
7. Pr. Secretary (Transport), GNCTD
8. Pr. Secretary (H&FW), GNCTD
9. Pr. Secretary, Education, GNCTD
10. Director, NTCP, GoI
11. DGHS, GNCTD
12. MD, DSHM, GNCTD

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F. NO. 7(6)/STCC/DHS/14-15/ 7037

Date: 02.02.2018

To

Prof. Anil K. Tyagi
Vice Chancellor,
Guru Gobind Singh Indraprastha University
Sector 16-C, Dwarka, New Delhi-110078

Sub: Regarding implementation of Tobacco Free Educational Institution initiative of Govt of Delhi in Guru Gobind Singh Indraprastha (GGSIP) University & its 117 affiliated colleges

Respected Sir

Tobacco is the leading cause of death, diseases and disability. 60 lakh people die each year in the world due to tobacco use. In India around 9 to 10 lakh people lose their lives for the same reason which is much more than combine toll of Malaria, TB and HIV/AIDS. Tobacco smoke contains more than 7000 deadly chemical substances and around 69 known carcinogens are being found in Tobacco smoke / Tobacco.

2. WHO estimates that of 1000 teenagers who smoke currently, 500 will eventually die of tobacco related diseases. Globally, most people start using tobacco or experiment with tobacco before the age of 18 years, this is the age when most of the people found favourable environment for Tobacco use then the chances of getting addicted of tobacco products increases by many fold. It is also mentionable that tobacco use is the gateway of other drug addiction. Various drugs are consumed after mixing this with Tobacco.

3. In view of above, Govt of India and Govt of Delhi have enacted **Cigarette & Other Tobacco Products Act (COTPA) 2003 and Delhi Prohibition of Smoking and Non Smoker's Health Protection Act 1996 respectively**. The main provisions of the Acts are **Ban on** (A) Smoking in public places, (B) sale of tobacco products to and by minors (under 18 yrs of age) and (C) sale of tobacco products within 100 meters radius from any educational institutions.

4. We have already conducted several Awareness cum Enforcement drives in the University Campus at sector 16, Dwarka. We feel delighted to inform that this campus is implementing all the 5 parameters of Tobacco Free Educational Institute very successfully. We congratulate you for this achievement in Public Health Interest. The role of Dr Pankaj Aggarwal, Dy. Registrar, Nodal Officer for Tobacco Control is also very appreciable in implementing this.

5. Though we have been sending these instructions to the affiliated colleges also but some of them have yet to comply fully. The instructions are again issued to all affiliated Colleges for strict compliance of COTPA 2003 / Delhi Act 1996

You are also requested to issue following directions to all the 117 affiliated Colleges of GGSIP University so that we can proudly declare the GGSIP University along with its affiliated colleges as the Tobacco Free University

- Identification of nodal officer from every institution & inform the names with contact details at our office for sensitization/ training/ coordination. Nodal Officer will ensure tobacco free status within the premises.
- Display Board:-
 - Display of 'Tobacco Free Zone' board at the entrance gate outside of boundary wall, Reception & other prominent places. This board will have the warning that Selling of Tobacco Products within the area of 100 meters of this building is a punishable offence. Also ensuring that this is implemented in proper manner.
 - Display of 'No – Smoking Signage' along with the name and contact detail of Nodal Officer within the building at entrance, reception, prominent places of every floor, staircase, lift and other important places.
- Ensure banning sale of tobacco products within 100 meters radius of any educational institutions.
- Constitute Tobacco Free Committee by engaging students, teachers, parents, influential person from neighbouring community etc
- Organize awareness / sensitization activities on Tobacco Control periodically especially on last day of every month which is observed as DRY DAY FOR TOBACCO in DELHI & encourage students to actively participate in the Anti Tobacco Campaign/ competitions

It may also be noted that failure to comply above instructions is likely to attract punishment of nodal officer / Head of Institute with fine as per COTPA 2003 and Delhi Prohibition of Smoking and Non Smoker's Health Protection Act 1996. Presence of Direct / Indirect evidence of tobacco use also attract fine if no action has been initiated.

We again appreciate the efforts of GGSIP University & hope that all the affiliated colleges will also comply with Tobacco Free Educational Institute guidelines immediately.

Our joint efforts will make our Delhi the Tobacco Free Capital of India



(Dr. S.K. Arora)
Addl. Director
DGHS, GNCTD

Encl: Soft copies of Tobacco Free Zone Boards & No Smoking signage with specification of size & colours is enclosed for reference.

Copy to:-

- ✓ 1. Secretary Health & Family Welfare, Govt of India
- ✓ 2. Economic Advisor / JS(Public Health), Govt of India
- ✓ 3. Pr. Sect. (H&FW), GNCTD
- ✓ 4. Director, NTCP, GoI
- ✓ 5. DGHS, GNCTD
- ✓ 6. MD, DSHM, GNCTD

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SAMPLE DISPLAY BOARD : A

To be displayed (in English and Hindi Languages) near the entrance gate outside of boundary wall, at Reception & other prominent places

Size : 3' X 2' with WHITE background and colour combination as per below



WELCOME TO TOBACCO FREE ZONE

WARNING

Sale of Cigarettes & other Tobacco Products in an area within the radius of 100 meters of any Educational Institution is a Punishable Offence

SMOKING / USE OF GUTKHA LIKE TOBACCO PRODUCTS ARE STRICTLY PROHIBITED

These are Punishable Offences with a fine which may extend to Rs ONE Lakh or with 6 MONTHS imprisonment

TOBACCO FREE DELHI

QUERY / SUGGESTION : ntepdelhistate@gmail.com

